10TH NATIONAL CONFERENCE

Society of Otolaryngologists of Nepal

21 – 22 November 2026 · Itahari, Sunsari, Nepal

Advancing ENT Care: Innovation, Accessibility and Excellence

SCIENTIFIC PROGRAMME

Programme at a glance

DAY 1 · Saturday, 21 November	
7:00 – 8:00	Registration
8:00 – 9:00	Instructional courses (Halls A, B)
9:15 – 10:15	SOL Oration & LN Prasad Oration
10:15 – 12:00	Guest lectures, Faculty papers, Panel discussions (Head & Neck)
12:00 – 1:00	Guest lectures, Faculty Papers, Panel discussions (Rhinology, Otology)
12:00 – 1:00	Poster presentations
1:00 – 1:30	Lunch
1:30 – 2:30	MED-EL symposium, Free papers, Resident papers, Debate
2:30 – 3:30	Tea break and Inauguration programme
3:30 – 4:30	Video session, Faculty and Resident papers
4:30 – 5:20	Annual General Meeting (AGM)
5:20 – 5:30	Women in ENT
5:30 – 8:00	ENT got TalENT/Entertainment Program & Banquet Dinner

DAY 2 · Sunday, 22 November	
8:00 – 9:00	Instructional course (Halls A)
9:15 – 10:45	Keynote Address & Prof. Purushottam Rajbhandari Oration
10:45 – 11:00	Tea break
11:00 – 1:00	Guest lectures, Faculty papers, Free papers, Resident papers & Poster presentation
1:00 – 1:30	Lunch
1:30 – 2:30	AI in ENT session, ENT Resident Quiz, Resident papers
2:00 – 3:00	ENT Resident Quiz, Complications Management and BASLP student papers
3:00 – 3:30	Awards / Lucky Draw
3:30 – 4:00	Closing Ceremony

How to read: ■ Guest lectures ■ Faculty / free papers ■ Resident papers ■ Panels, symposia, debate, videos & other sessions

DAY 1 Saturday, 21 November 2026

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
7:00 to 8:00	**REGISTRATION** *Registration desk open throughout the day*		
8:00 to 9:00 *Instructional Courses*	INSTRUCTIONAL COURSE **Topic:** **Grafting Techniques in Rhinoplasty** **Faculty:** *Prof. Dr. Nar Maya Thapa*	INSTRUCTIONAL COURSE **Topic:** **Audiology and Beyond** **Faculty:** *Prof. Dr. Pabina Rayamajhi, Mr. Anil Adhikary, Mr. Shashish Ghimire*	
9:00 to 9:15	TEA BREAK		
9:15 to 10:15 *Orations*	HALL A · ALL PARTICIPANTS SOL ORATION · 30 MIN **Role of DISE in Management of Sleep Apnoea** **Prof. Dr. Sandeep Bansal** *Chairpersons: Prof. Dr. Rabindra Bhakta Pradhananga / Dr. Dipesh Shakya* LN PRASAD ORATION · 30 MIN **Artificial Intelligence and Machine Learning Augmented Intraoperative Electrically Evoked Compound Action Potentials: Predicting Postoperative Performance of Cochlear Implants** **Prof. Dr. Pawan Singhal** *Chairpersons: Prof. Dr. Rakesh Prasad Shrivastav / Dr. Yogesh Neupane*		

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
10:15 to 11:15 *Guest Lectures* *Faculty Papers* *Parallel Sessions*	**OSA & Rhinology** *Chairpersons: Prof. Dr. Bibhu Pradhan/ Prof. Dr. Ajit Nepal* **GUEST LECTURES** Past, Present and Future of OSA **Dr. Vidhyasagar Ramakrishnan** · 20 min Philosophy & Art of Septoplasty and Turbinoplasty and Role of Turbinate-Cerebral Reflex **Prof. Dr. Pawan Singhal** · 20 min Awakening to OSA: The ENT Surgeon's Untapped Potential **Dr. Vidhyasagar Ramakrishnan** · 20 min	**Otology** *Chairpersons: Dr. Madan Koirala/ Prof. Dr. Pabina Rayamajhi* **FACULTY PAPERS** Subtotal Petrosectomy with Cochlear Implant in COM **Prof. Dr. Rabindra Bhakta Pradhananga** · 15 min ChoLe Classification of Cholesteatoma: Nearly a Decade of Experience – What Have We Learned? **Dr. Shankar Shah** · 15 min Himalayan Endoscopic Ear Surgery Initiative in Nepal **Dr. Dipesh Shakya** · 15 min	**Head & Neck** *Chairpersons: Dr. Kunjan Acharya/ Dr. Dilip Karmacharya* **FACULTY PAPERS** Management of Head and Neck Skin Lesions Suspected to Be Malignant: An Experience from a Tertiary Care Centre **Prof. Dr. Bajarang Prasad Sah** · 15 min Association of Urinary Iodine Concentration with Papillary Thyroid Carcinoma in Nepalese Population **Dr. Prashant Tripathi** · 15 min Comparison of Medial and Lateral Approaches to Thyroidectomy: A Prospective Comparative Study of Operative, Biochemical and Laryngeal Outcomes **Dr. Mukesh Kumar Sah** · 15 min Comparative Study of Squamous Cell Carcinoma and Minor Salivary Gland Carcinoma of the Hard Palate and Maxillary Alveolus **Dr. Suban Bhandari** · 15 min

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
11:15 to 12:00 *Guest Lectures Faculty & Panel Discussions* *Parallel Sessions*	**AI & Otology** *Chairpersons: Prof. Dr. Anil k. Jha/Dr. Sanjeev Kumar Thakur* GUEST LECTURES Innovations in Two-Handed Endoscopic Ear Surgeries: 20 Years, 20 Innovations **Dr. Mubarak Khan** · 20 min Navigating the Workflow: Cutting Clinical Bureaucracy with Ambient AI **Dr. Avinash Gautam** · 20 min Cartilage Ossiculoplasty: Our Techniques & Philosophy **Dr. Mubarak Khan** · 20 min	**Rhinology & Rhinoplasty** *Chairpersons: Prof. Dr. Rupa Maharjan/Prof Dr. Monika Pokharel* FACULTY PAPERS Endoscopic Repair of Spontaneous CSF Rhinorrhea – My Experience **Prof. Dr. Bibhu Pradhan** · 15 min Spectrum and Surgical Management of Complex Frontal and Frontoethmoidal Lesions **Dr. Urmila Gurung** · 15 min Rhinoplasty in the Digital Mirror: Managing Expectations in the Age of Filters and Algorithms **Dr. Sarina Rajbhandari** · 15 min	PANEL DISCUSSION: 45 MIN **Head & Neck** **Topic:** **Management of Oral Cancer (Early to Advance)** *Chairpersons: Prof. Dr. Shyam Thapa Chhetri/ Dr. Kunjan Acharya* **Moderator:** Dr Deepak Paudel **Panellists:** Dr. Rohit Nayyar, Dr Dilip Karmacharya, Dr Bajarang Prasad Sah, Dr Prajwal Shrestha, (Head and Neck Surgeons) Dr Asmita Rayamajhi (Radiation Oncologist), Dr Mona Dahal (Pathologist)
12:00 to 1:00 *Guest Lectures Faculty & Panel Discussions* *Parallel Sessions*	**Head & Neck** *Chairpersons: Prof. Dr. Bimal Sinha/Prof. Dr. Rupa Maharjan* GUEST LECTURE Recent Advances in Surgical Management of Oral Cancer **Dr. Rohit Nayyar, Max Hospital, Delhi** · 20 min FACULTY PAPERS Beyond TNM 8: What's New in the 9th Edition of Head and Neck Cancer Staging? **Dr. Deepak Yadav** · 15 min Burden of Financial Toxicity and Its Impact on Treatment Adherence in Advanced Head and Neck Cancer Patients in Nepal. **Dr. Deepak Paudel** · 15 min	PANEL DISCUSSION: 45 MIN **Rhinology** **Topic:** CRS: **When to image, Whom to Operate, How Far to Go, and How to Sustain Success** *Chairpersons: Prof. Dr. Nar Maya Thapa/Dr. Ramesh Bhandari* **Moderator:** Dr. Namita Shrestha **Panellists:** Prof. Dr. Ajit Nepal, Prof. Dr. Inku Shrestha Basnet, Dr. Sanjeev Kumar Thakur, Dr. Dhiraj Giri	PANEL DISCUSSION: 45 MIN **Otology** **Topic:** **From Deafness to Communication: Early identification, intervention and lifelong support** *Chairpersons: Prof. Dr. Rabindra Bhakta Pradhananga /Dr. Meenakshi Basnet* **Moderator:** Dr. Kripa Dongol **Panellists:** Prof. Dr. Pabina Rayamajhi, Dr. Ravi Bhushan Suwal, Anil Adhikary, Sabin Sharma Dawadi

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
12:00 to 1:00 *Posters*	**POSTER PRESENTATION · 15 MIN EACH · POSTER AREA** *Chairpersons: Dr Heempali Das Dutta. /Dr. Sudeep Mishra/Dr. Bhawana Dangol* Subtotal Petrosectomy in Post-mastoidectomy Meningoencephalocele **Dr. Apar Adhikari** · 12:00 – 12:15 Endotracheal Tube-Assisted Endoscopic Management of Thin Post-intubation Subglottic Stenosis: Two Illustrative Cases **Dr. Sujan Pradhan** · 12:15 – 12:30 Atypical Presentation of Mucoepidermoid Carcinoma of Parotid Gland in a Child: A Case Report **Dr. Nizya Joshi** · 12:30 – 12:45 Extraluminal Migration of Oesophageal Fish Bone into Thyroid Gland: A Case Report **Dr. Sudin Kayastha** · 12:45 – 1:00		
1:00 to 1:30	**LUNCH**		
1:30 to 2:30 *Symposium,* *Free papers* *Debate* *Resident Papers* *Parallel Sessions*	**SYMPOSIUM · 60 MIN** **MED-EL** *Chairpersons: Prof. Dr. Rakesh Prasad Shrivastav /Mr. Suresh Lal Karna* Welcome MED-EL: The Hearing Implant Company **Ms. Grishma Basnet** · **5 min** Cochlear Implant: Indications, Technology for Better Hearing **Ms. Shefali KC** · **15 min** Bonebridge: A Surgical Bridge to Better Hearing **Prof. Dr. Rabindra Bhakta Pradhananga** · **15 min** Rehabilitation, Outcomes & MED-EL in Nepal **Sabin Sharmna** · **15 min** Closing Remarks **Ms. Shefali KC** · **3 min**	**FREE PAPERS** **Head & Neck** *Chairpersons: Prof. Dr. Bajarang Prasad Sah /Dr. Dilip Karmacharya* Nuclear Medicine in ENT: Current Clinical Applications and Future Perspectives **Dr. Suman Shrestha** · 12 min Cystohistopathologic Discordance Rate in Thyroid Nodules Treated at a Tertiary Center **Dr. Ganesh Chalise** · 12 min Diagnostic Value of Inflammatory Biomarkers Derived from Blood Cell-Derived Indices in Subacute Thyroiditis **Dr. Neeraj Rauniyar** · 12 min Nonoperative Management of Tongue Cancer with Brachytherapy and IMRT: Updates from a Prospective Study **Dr. Subhas Pandit** · 12 min **DEBATE · 20 MIN** **Open vs Remote Access Thyroid Surgery** *Chairpersons: Dr. Deepak Yadav/Dr. Nirajan Panthi* **Moderator: Dr. Mukesh Kumar Sah** **Speakers: Prof. Dr. Bajarang Prasad Sah vs Dr. Kunjan Acharya**	**Rhinology** *Chairpersons: Prof. Dr. Inku Shrestha Basnet / Dr. Namita Shrestha* **RESIDENT PAPERS** Assessment of Quality of Life in Patients with Chronic Rhinosinusitis with Nasal Polyposis Before and After Functional Endoscopic Sinus Surgery Using SNOT-22 **Dr. Paritosh Adhikari** · 8 min Correlation Between Serum Vitamin D Levels and Severity of Chronic Rhinosinusitis with Nasal Polyposis: A Prospective Observational Study **Dr. Tejesh Kumar** · 8 min A Study on Prevalence of Fungal Infections in Patients with Chronic Rhinosinusitis Undergoing Functional Endoscopic Sinus Surgery **Dr. Mariyam Areesha** · 8 min Comparison of Intraoperative Bleeding With and Without Perioperative Tranexamic Acid in Functional Endoscopic Sinus Surgery **Dr. Ashish Adhikari** · 8 min Clinical Profile and Management Outcomes of Patients Admitted with Epistaxis: A Retrospective Review of Available Medical Records **Dr. Sachin Poudel** · 8 min

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
2:30 to 3:20	**TEA BREAK AND INAUGURATION PROGRAMME** Chief Guest: Honorable Chief Minister of Koshi Province Mr. Hikmat Kumar Karki Guests: Prof. Dr. Manohar Pradhan (Chief Expert Advisor to MOHFS) Dr. Subash Pyakurel (Chairperson, Health Insurance Board, Nepal) Prof. Dr. Dhundi Raj Paudel (Chairman, Nepal Medical Council)		
3:20 to 3:30	***Talk from Journal Committee***		
3:30 to 4:30 *Parallel Sessions*	**VIDEO PRESENTATION SESSION** *Chairpersons: Dr. Prashant Tripathi/ Dr. Bijaya Kharel* Management of Posterior Glottic Web **Dr. Arun KC** · 10 min Mastoidectomy in TEES **Dr. Dipesh Shakya** · 10 min The Sistrunk Operation: A Step-by-Step Surgical Journey from Anatomy to Technique **Dr. Deepak Yadav** · 10 min Nuances of FESS in Sinonasal Polyp **Dr. Urmila Gurung** · 10 min Zetapalatopharyngoplasty **Prof. Dr. Monika Pokharel** · 10 min	**Otology** *Chairpersons: Dr. Shankar Shah/Dr. Sanjaya Koirala* **FACULTY PAPERS** From Silence to Sound: The Cochlear Implant Journey at Bir Hospital **Dr. Ravi Bhushan Suwal** · 15 min Management of Tympanojugular Paraganglioma: An Experience from a Tertiary Center of Nepal **Dr. Kripa Dongol** · 15 min Application of Lateral Skull Base Approaches at Patan Hospital **Dr. Bhawana Dangol** · 15 min Clinical Profiles of Acute vs. Chronic Vestibular Hypofunction in Patients in a Tertiary Neurological Hospital in Nepal **Dr. Sangya Paudel** · 15 min	**Head & Neck** *Chairpersons: Dr. Rajeev Kumar Mahaseth/Dr. Prajwal Shrestha* **RESIDENT PAPERS** Factors Associated with Development of Hypothyroidism After Hemithyroidectomy **Dr. Arya Rayamajhi** · 8 min Carotid Body Tumor Presenting with Pain and Dysphagia Treated with Transcervical Excision Without Preoperative Embolization: A Case Report **Dr. Niraj Pandey** · 8 min Bilateral Choanal Atresia in a Young Adult Following Chemoradiotherapy and Weber-Ferguson Surgery for Embryonal Rhabdomyosarcoma: A Case Report **Dr. Abhishek Chaudhary** · 8 min Squamous Cell Carcinoma of the Left Pinna: A Case Report **Dr. Ashmita Bhattarai** · 8 min Predictive Value of Early Postoperative Serum Parathyroid Hormone for Hypocalcaemia Following Thyroid Surgery: A Preliminary Observational Study **Dr. Sashi Kiran Khadka** · 8 min Paradoxical Vocal Cord Movement: A Case Report **Dr. Alisha Maharjan** · 8 min
4:30 to 5:20 *AGM*	**HALL B · ALL PARTICIPANTS** **Annual General Meeting (AGM) · 40 min** **Handover Ceremony · 10 min**		
5:30 **onwards**	**HALL A · ALL PARTICIPANTS** **" Entertainment program"/ " Women In ENT " / ENT got Talent"** *· Venue: Hotel Ramada*		

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
7:00pm onwards	**BANQUET DINNER**		

DAY 2 Sunday, 22 November 2026

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
8:00 to 9:00 *Instructional Courses*	INSTRUCTIONAL COURSE **Topic:** Vertigo **Faculty:** ***Dr. Yogesh Neupane/Dr. Sangya Paudel***		
9:00 to 9:15	TEA BREAK		
9:15 to 10:45 *Keynote & Oration*	HALL A · ALL PARTICIPANTS KEYNOTE ADDRESS **Should we continue to Practice ENT the way we are doing?** Speaker 1: **Prof. Dr. Rakesh Prasad Shrivastav** · 20 min **Navigating the Anatomy: High-Precision AI in the ENT Clinic and Operating Theater** Speaker 2: **Dr. Avinash Gautam** · 30 min *Chairpersons: Prof. Dr. Anil Jha/ Prof. Dr. Toran Bahadur KC* PROF. PURUSHOTTAM RAJBHANDARI ORATION · 30 MIN **Optimizing Outcomes in Airway Restorative Surgeries** **Prof. Dr. Ahmed Abdelfattah Elsobki** *Chairpersons: Dr. Shankar Shah /Dr. Rajeev Kumar Shah*		
10:45 to 11:00	TEA BREAK		

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11:00 to 12:15 *Guest Lectures & Papers*	**OSA, & Airway** *Chairpersons: Prof. Dr. Monika Pokharel/Dr. Arun KC* **GUEST LECTURES** The Nose in Obstructive Sleep Apnea (OSA): Culprit, Contributor or Bystander? **Prof. Dr. Sandeep Bansal** · 20 min Management of Airway: Basic to Advanced **Prof. Dr. Ahmed Abdelfattah Elsobki** · 20 min Airway trauma across the lifespan, Acute injury, acquired stenosis and Salvage reconstruction **Dr. P.V.N.L. Murthy** · 20 min The Learning Curve in the Management of Pediatric Obstructive Sleep Apnea **Dr. Yogesh Neupane** · 15 min	**Head & Neck** *Chairpersons: Dr. Deepak Paudel / Dr. Suban Bhandari* **FREE PAPERS** A delayed presentation of Oesophageal Perforation following Foreign Body Removal: A Case Presentation **Dr. Sanjeev Thakur** · 12 min Role of Nuclear Medicine in the Diagnosis and Management of Thyroid Cancer **Dr. Amardeep Chaudhary** · 12 min Postoperative Adjuvant Therapy Decision-Making in Head and Neck Squamous Cell Carcinoma: Multidisciplinary Tumor Board Versus Large Language Models **Dr. Bidhan Koirala** · 12 min Schwannoma Presenting as Supraclavicular Swelling: A Case Report **Dr. Rajeev Kumar Mahaseth** · 12 min Assessment of Thyroid Function Alteration Following Hemithyroidectomy: A Prospective Cohort Study **Dr. Diwash Sunar** · 12 min	**Otology** *Chairpersons: Dr. Kripa Dongol/Dr. Sagun Shrestha* **RESIDENT PAPERS** Comparison of Telemetric Findings Recorded Intra-Operatively and Post-Operatively During Switch-On in Cochlear Implantees **Dr. Bipashwi Ratna Shakya** · 8 min Role of High-Resolution Computed Tomography of the Temporal Bone in Predicting Round Window Accessibility During Cochlear Implantation **Dr. Arzoo Baniya** · 8 min Endoscopic Assessment of Round Window Variations in Middle Ear Surgeries **Dr. Samragyi Chauhan** · 8 min Outcome of Myringoplasty in Patients with Myringosclerosis **Dr. Prashant Nhisutu** · 8 min Prevalence of Secretory Otitis Media Among Adults Presenting with Aural Complaints **Dr. Louisa Shakya** · 8 min Bacteriological Profile of Ear Discharge in Patients Presenting with Middle Ear Infection in Manipal Teaching Hospital **Dr. Alisha Surkheti** · 8 min Beyond the Middle Ear: A Life-Threatening Intracranial Complication of Chronic Otitis Media – Squamous: A Case Report **Dr. Dipali Das** · 8 min

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12:15 to 1:00 *Papers & Debate*	**Vertigo** **FACULTY PAPERS** *Chairpersons: Prof. Dr. Rabindra Bhakta Pradhananga / Dr. Ravi Bhushan Suwal* Tips and Tricks in Management of BPPV **Dr. Yogesh Neupane** · 15 min **Airway & Pediatric ENT** *Chairpersons: Prof. Dr. Monika Pokharel /Dr. Deepak Yadav* **FACULTY PAPERS** Challenges in Airway Management: Insights from 100 Cases **Dr. Arun KC** · 15 min A Decade of Pediatric Airway Management at TUTH: Challenges, Experiences and Outcomes **Dr. Heempali Das Dutta** · 15 min	**Rhinoplasty, Rhinology, Medical Education** *Chairpersons: Dr. Urmila Gurung / Dr. Sarina Rajbhandari* **FREE PAPERS** Patient Satisfaction Following Primary Reduction Rhinoplasty & Dorsal Hump Contouring Using Diced Cartilage With or Without Temporalis Fascia **Dr. Sushovit Sharma Luitel** · 12 min Wooden Foreign Body in Maxillary Sinus Extending into the Infratemporal Fossa in a 99-Year-Old Man: A Case Report **Dr. Ushant Acharya** · 12 min Sustained Clinical and Endoscopic Improvement Following Intranasal Mometasone Furoate Therapy in Children with Adenoid Hypertrophy: A Prospective Observational Study **Dr. Sama Piya Shrestha** · 12 min Auditory Working Memory in Adults with Mild Conductive Hearing Loss: A Preliminary Study **Shashish Ghimire** · 12 min Evaluation of a Blended Active Learning Methodology for Teaching Human Anatomy and Physiology to Undergraduate Paramedical Students **Dr. Milan Sedhai** · 12 min Inclusion Is More Than Admission: Making Schools Work for Children with Hearing Loss **Shashish Ghimire** · 12 min	**Otology** *Chairpersons: Dr. Shankar Shah /Dr. Rajeev Kumar Shah* **FREE PAPERS** Pediatric Temporal Bone Actinomycosis Presenting as Isolated Post-Auricular Swelling: A Case Report **Dr. Manita Raut** · 12 min Anomalous Facial Nerve Complicating Stapes Surgery: A Case Report **Dr. Shristi Subba Rai** · 12 min When an Aural Polyp Masquerades as Malignancy: A Diagnostic Conundrum **Dr. Sachana Adhikari** · 12 min Anatomical and Functional Outcomes of Myringoplasty at a District-Level Hospital in Bhaktapur, Nepal: A Retrospective Study **Dr. Geeta Koju** · 12 min Clinical Recovery of patients after Facial Nerve Decompression Surgery: A Retrospective Study **Dr. Apar Adhikari** · 12 min Cross-Check Principle in Pediatric Audiology: Why One Test Is Never Enough **Anil Adhikary** · 12 min

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12:00 to 1:00 *Posters*	**POSTER PRESENTATION · 10 MIN EACH · POSTER AREA** *Chairpersons: Dr. Ramesh Parajuli / Dr. Arun Adhikari/ Dr. Amit Jha (Senior)* Unusual Foreign Body in Larynx: A Leech **Dr. Kishor Khadka** (Resident) · 12:00 – 12:10 Laryngeal Schwannoma Presenting with Stridor in a Pregnant Woman: A Case Report **Dr. Swagat Pokharel** (Resident) · 12:10 – 12:20 Large Thyroid Goiter Breaching the Thyrohyoid Membrane: A Case Report **Dr. Simpi Gupta** (Resident) · 12:20– 12:30 Granulomatosis with Polyangiitis Presenting with Otologic Symptoms as Initial Manifestation **Dr. Shristi Gautam** (Resident) · 12:30 – 12:40 Effect of Face Mask on Conventional Speech Recognition among Nepali Adult Speaker: A Preliminary Study **Shiwani Karki** (BASLP Student) · 12:40 – 12:50 Effect of Face Mask on High frequency Speech Recognition among Nepali Adult Speaker: A Preliminary Study **Prasiddika Shrestha** (BASLP Student) · 12:50 – 1:00		
1:00 to 1:30	**LUNCH**		

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
1:30 to 2:30 *Parallel Sessions*	**AI in ENT Session** *Chairpersons: Prof. Dr. Rabindra Bhakta Pradhananga /Dr. Yogesh Neupane* **GUEST LECTURES** Navigating the Pitfalls: Automation Bias and Legal Liability in ENT AI **Dr. Avinash Gautam** · 20 min *(1:30-1:50pm)*	**Paediatric ENT** *Chairpersons: Dr. Krishna Chandra Rijal / Dr. Sangya Paudel* **RESIDENT PAPERS** Comparison of Conventional and Endoscopic Coblation Adenoidectomy in Pediatric Patients at a Tertiary Care Hospital **Dr. Bimal Sharma** · 8 min Comparison of Intraoperative and Early Postoperative Outcomes Between Intracapsular and Extracapsular Tonsillectomy in Pediatric Clinical Obstructive Sleep Apnea Syndrome **Dr. Prana Joshi** · 8 min Subglottic Foreign Body Mimicking Croup: A Case Report **Dr. Anura Maskey** · 8 min Foregut Duplication Cyst Masquerading as an Oral Cavity Mass in a 5-Month-Old Infant **Dr. Mandira Phuyal** · 8 min Epidemiological Profile and Associated Factors among Children with Delayed Speech and Language Attending a Tertiary Care in Eastern Nepal **Dr. Sweta Rani** · 8 min	**Rhinology, Rhinoplasty & Airway** *Chairpersons: Dr. Rajendra Nepali/ Dr. Sudeep Mishra* **RESIDENT PAPERS** A Study of Correlation Between Allergic Rhinitis and ABO Blood Group Types in a Tertiary Health Care Centre **Dr. Nisha Shrestha** · 8 min Eustachian Tube Dysfunction in Patients with Chronic Rhinosinusitis: With Polyp Versus Without Polyp **Dr. Aarogya Karki** · 8 min Cold Compression Versus Cold Saline Irrigation in Reducing Early Postoperative Complications in Primary Open Septorhinoplasty **Dr. Abhishek Bhagat** · 8 min Association of Anatomical Variations in Sphenoid Sinus with High-Risk Optic Nerve and Internal Carotid Artery Anatomy **Dr. Midori Pote Shrestha** · 8 min Evaluating Clinical and Pathological Perspectives of Hoarseness Among Patients Attending a Tertiary Care Center **Dr. Sujan Pokhrel** · 8 min
2:00 to 3:00 *Parallel Sessions*	**RESIDENT QUIZ** **Quiz Masters: Dr. Dipesh Shakya, Dr. Arun Adhikari & Dr. Sagun Shrestha** · 60 min **Participants: All Residents eligible** (2:00-3:00pm)		

TIME	HALL A *Hall in-charge: Dr. Sagun Shrestha*	HALL B *Hall in-charge: Dr. Sangya Paudel*	HALL C *Hall in-charge: Dr. Arun Adhikari*
2:30 to 3:20 *Parallel Sessions*	**RESIDENT QUIZ**	**Complications Management** *Chairpersons: Dr. Ramesh Parajuli/Dr. Jeegyasha Thapa* **RESIDENT PAPER** Subtotal Petrosectomy in Chronic Otitis Media Squamous with Labyrinthine Fistula **Dr. Shreya Thapa** · 8 min **Audiology, Speech Language Pathology** *Chairpersons: Mr. Suresh Lal Karna/ Mr. Birendra Jha* **BASLP STUDENT PAPERS** Knowledge and Awareness of Vocal Abuse Among Nursing Students **Saksham Lamichhane** · 8 min Earphone Use, Listening Habits, and Hearing Health Concerns Among Nursing Students **Shubhashree Adhikari** · 8 min Evaluating the Effects of VNest approach on linguistic abilities in a person with Broca's Aphasia: A Single-Case Study **Shiwani Karki** · 8 min Speech Rhythm in Nepali-Speaking Adults with Stuttering: Pre-and Post-Intervention Changes **Shuvam Majhi** · 8 min Speech Rhythm in Nepali and Newari: A Pairwise Variability Index (PVI) Analysis **Prasiddika Shrestha** · 8 min	**Head & Neck** *Chairpersons: Dr. Bipin Koirala /Dr. Prajwal Shrestha* **RESIDENT PAPERS** Postoperative Complications in Patients of Carcinoma of Tongue: A One-Year Retrospective Study **Dr. Sony Meju** · 8 min A One-Year Retrospective Study of Parotid Surgeries: Indications, Surgical Procedures, and Postoperative Complications **Dr. Samjhana Nepali** · 8 min A Simultaneous Existence of Parathyroid Adenoma and Papillary Carcinoma of Thyroid Gland: A Case Report **Dr. Bijjita Sharma** · 8 min Enhanced Recovery After Thyroid Surgery: A Prospective Comparative Cohort Study **Dr. Kaushal Oli** · 8 min Papillary Thyroid Carcinoma Presenting as a Cystic Lateral Neck Mass Mimicking a Branchial Cyst **Dr. Janak Dhakal** · 8 min Parathyroid Adenoma: A Retrospective Case Series of Patients Who Underwent Parathyroidectomy During 2082–2083 B.S. **Dr. Rashi Poudel** · 8 min
3:00 to 3:30	**HALL A · ALL PARTICIPANTS** **AWARDS / LUCKY DRAW**		
3:30 to 4:00	**CLOSING CEREMONY**		